# clear *medicine*

Stony Brook Medicine expresses our shared mission of research, clinical care and education – a mission embraced by our faculty, staff, researchers, and students. It is the embodiment of everything we do on behalf of the health of patients – not only here in our community, but also in the region and worldwide.

Stony Brook

# Directions

**From the West:** Take Long Island Expressway (LIE I-495) eastbound to exit 62 North, Nicolls Road (Route 97). Travel approximately 8 miles (crossing Route 347). Follow signs to the Hospital, then follow directions below, "From the Stony Brook South Entrance, East Campus."

**From the East:** Take Long Island Expressway (LIE I-495) westbound to exit 62 North, Nicolls Road (Route 97). Travel approximately 8 miles (crossing Route 347). Follow signs to the Hospital, then follow directions below, "From the Stony Brook South Entrance, East Campus."

**From Technology Park:** Take Belle Meade Road (south) to Route 347/Nesconset Highway (NY-347). At Route 347, turn right (west) and proceed to Nicolls Road. At Nicolls Road (Route 97) turn right (north) and travel for approximately 2 miles, following signs to the Hospital. Follow directions below, "From the Stony Brook South Entrance, East Campus."

**From the Stony Brook South Entrance, East Campus:** From Nicolls Road, turn right onto Health Sciences Drive. Continue to the second light and turn left into the main hospital entrance.



# Parking

Easy accessibility for patients is a high priority. Parking is plentiful at our large visitor parking garage. At the main entrance of the garage press the button at the parking gate and take a ticket. The gate will rise, proceed into the parking gargae area. Rember to take the ticket you received with you to your appointment. They will validate the ticket at the completion of your appointment



# Below are few steps that maybe part of your nuclear medicine experience.

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Floor 4



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### Information Desk

When you enter the hospital from the parking garage head toward the information desk. It is centrally located within the hospital lobby. The staff at the desk will help point in the right direction based on your appointment.

# Admitting / Registration

Proceed to the admitting / registration area. Admitting / registration is located on the left hand side. Here you will be given further instructions and they will take your insurance information and copayment if applicable.

#### Elevators

When you reach the elevators press the lower level button located in the lower right hand corner of the elevator key pad. Next select the number four. The elevator keypad will then display the elevator car for you to take to the fourth floor.





#### Reception

On the fourth floor, exit the elevator and follow the signs to Nuclear Medicine. Check in at the reception desk. They will guide you in how to get to the changing room and on to Nuclear medicine.

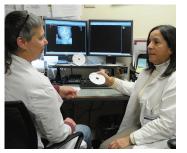












# Nuclear Medicine

For a a nuclear medicine exam, a small amount of a radioactive tracer material, known as a radiopharmaceutical, is given usually as an injection, or sometimes as a gas to inhale. A special camera is used to see how your body processes the tracer. Radiation exposure from tracers is minimal, and each dose is calculated to use as little radiation as possible without losing image quality. A nuclear medicine scan can take as little as two hours. Sometimes however you may have to leave and come back later that day, or even on following days. Usually by the first 24 hours the radioactivity will pass naturally from your body.

# Nuclear Study Reading

A Board certified Radiologist or Nuclear Medicine Physician will interpret your images and create a report for your physician. This should be ready in two business days.

# Digital Library

Your study will be stored in our system, and if you require a copy, just ask at the time of the study. A disc will be printed and you can take it with you. If you require a copy later you may contact us at 631-638-2121.

# Departure Process

After your appointment is finished and you have changed back into your street clothes, proceed to the check-out desk. Please give the attendant the parking pass you received upon entering the garage. They will validate the ticket, allowing you to leave the garage.