

## Outpatient Physical Therapy Lymphedema History Form

Place Label here

Date: \_\_\_\_\_

**Social History:**

Age: \_\_\_\_\_ Male / Female      Employed: Yes / No      Occupation: \_\_\_\_\_  
 Lives: Alone \_\_\_\_\_ Caregiver \_\_\_\_\_ Other \_\_\_\_\_      Activity level:  Low     Mod     High  
 Tobacco use: packs/day \_\_\_\_\_; past / present      Alcohol consumption: drinks/day \_\_\_\_\_

**Lymphedema History:**

Where is your swelling? \_\_\_\_\_

When did it begin? \_\_\_\_\_

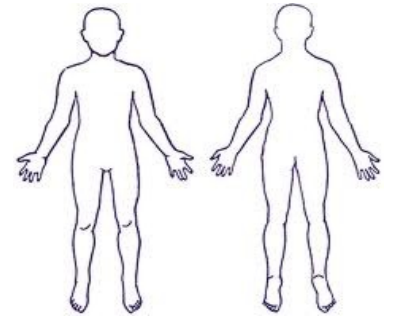
Did it start  Suddenly or  Gradually?

Is it getting  Better  Worse  Same ?

Is there a family history of Lymphedema? Yes / No

Have you undergone any tests for this problem? (please list with dates)

[ X-Ray, MRI, CT Scan, Ultrasound, etc.]



Infections in affected part? Yes / No; most recent \_\_\_\_\_, Antibiotics used \_\_\_\_\_

Do you have pain? Yes / No    Where: \_\_\_\_\_

Please give a numeric value to your pain:    0    1    2    3    4    5    6    7    8    9    10  
Less pain Most pain

Describe your pain:     ache                       dull                       sore                       sharp                       shooting                       throbbing  
                                   numb                       full                       burn                       tight                       tingling                       heavy

Treatment history:     None     Complete/ Modified Decongestive Therapy     Garments     Pump     Other

Response to treatment: \_\_\_\_\_

Dates of last Lymphedema treatment: \_\_\_\_\_

**Medical History:** Please check all that apply

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> High Blood Pressure        | <input type="checkbox"/> Abdominal pain            | <input type="checkbox"/> Diabetes              |
| <input type="checkbox"/> Heart Arrhythmia           | <input type="checkbox"/> Abdominal surgery         | <input type="checkbox"/> Vein problems         |
| <input type="checkbox"/> Congestive heart failure   | <input type="checkbox"/> Abdominal Aortic Aneurysm | <input type="checkbox"/> Arterial disease      |
| <input type="checkbox"/> Heart Condition            | <input type="checkbox"/> Greenfield Filter         | <input type="checkbox"/> HIV                   |
| <input type="checkbox"/> Deep Vein Thrombosis       | <input type="checkbox"/> Stomach Disorders         | <input type="checkbox"/> Seizure Disorder      |
| <input type="checkbox"/> Kidney Dysfunction         | <input type="checkbox"/> Intestinal Disorders      | <input type="checkbox"/> Arthritis             |
| <input type="checkbox"/> Acute infection/Cellulitis | <input type="checkbox"/> Liver Disease             | <input type="checkbox"/> Pacemaker             |
| <input type="checkbox"/> Hypo/Hyperthyroidism       | <input type="checkbox"/> Pregnancy                 | <input type="checkbox"/> Headaches/Migraines   |
| <input type="checkbox"/> Cancer Active: Yes / No    | <input type="checkbox"/> Lung Disease              | <input type="checkbox"/> PORT: Y N; Right/Left |

Please continue on next page.

Place label here

<b>Breast:</b> Mastectomy/Lumpectomy Axillary Nodes # ____ (# positive ____) Sentinel Nodes # ____ (# positive ____) Reconstruction: Yes No Type: _____	<b>Gynecological:</b> Type: _____ Hysterectomy: Yes No Inguinal Nodes # ____ (# positive __) Pelvic Nodes # ____ (# positive __)	<b>Head and Neck:</b> Type: _____ Nodes removed: _____
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**Surgical History:** Date of Surgery \_\_\_\_\_

**Cancer Treatment:** *Chemotherapy:* Yes No # of treatments \_\_\_\_\_; Date completed \_\_\_\_\_  
*Radiation:* Yes No # of treatments \_\_\_\_\_; Date completed \_\_\_\_\_

Have you had any other surgeries? Please list:  
\_\_\_\_\_

List any allergies: \_\_\_\_\_ Latex: Yes No

Please list any medications you are taking: \_\_\_\_\_

Are you having any difficulty with activities at home or work? Please explain: \_\_\_\_\_

What do you hope to achieve with therapy? \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Surgeon: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Oncologist: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Plastic Surgeon: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

All of the above information is accurate to the best of my knowledge.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

For Therapist Use Only:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The above has been reviewed with the patient for accuracy.

Therapist Signature/ID: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_